

## **Medication Review**

A Medication Review is a patient-care service in which a pharmacist meets one-on-one with a Newfoundland and Labrador Prescription Drug Program (NLPDP) beneficiary to review his/her medication regime. The NLPDP will pay as per Schedule A.3 (Enhanced Pharmacy Services) of the Agreement signed June 25, 2012 between the Pharmacists' Association Newfoundland and Labrador (PANL) and the Government of Newfoundland and Labrador (GNL).

### **Policy**

To be eligible to receive a Medication Review the beneficiary must meet all the criteria outlined in Schedule A.3 of the Agreement between PANL and GNL.

### **Purpose**

The purpose of a Medication Review is to:

- Improve the beneficiary's knowledge of and compliance with his/her medications.
- Minimize adverse effects with a view to improve overall safety and health outcomes.
- Solve drug-related problems where possible and within a pharmacist's scope, prevent emergency room visits and hospitalizations.
- Reduce wastage of medication.
- Instruct beneficiary on the use and disposal of medications and/or supplies.
- Discuss the impact of lifestyle changes on health.
- Recognize the role of the pharmacist in providing additional cognitive services to NLPDP beneficiaries.

### **Procedure**

The Pharmacist completing the Medication Review will:

- Articulate to the beneficiary the purpose of the medication review and that there will be no out of pocket cost for him/her.
- Remind the beneficiary to bring his/her medication containers (even those obtained from other pharmacies) and over-the-counter drugs, vitamins, and herbal remedies to his/her medication review appointment.
- Meet with the beneficiary for an in-person consultation for a minimum of 20-30 minutes.
- Conduct an assessment of all available prescription and non-prescription medications with a view to identifying drug-related problems and resolving problems where possible and within a pharmacist's scope or, if applicable, making recommendations to the prescribing physician. A template for a Medication Review Form is attached. The intention of this form is that, once completed, it can be easily faxed to the prescribing physician for notification purposes and then filed as part of the pharmacy records. Pharmacies may develop their own Medication Review Form if desired (with the company header, for example) as long as a standard format is used and ALL of the information on the template is on the modified form.
- Provide the beneficiary with a comprehensive list summary including recommendations as a result of the review.
- Forward a copy of the beneficiary's medication review form to his/her family physician if applicable.
- Retain Medication Review Forms along with hardcopy of claim billed to the NLPDP on behalf of the beneficiary for two years for audit purposes.

## **NLPDP Requirements**

The NLPDP will require the following information on Medication Review Forms to be kept on file for two years for audit purposes:

- Beneficiary information as noted on NLPDP drug card (first/last name, MCP number, date of birth, and gender)
- Beneficiary consent with signature
- Date Medication Review was conducted
- Beneficiary diagnosis (blood test results are not mandatory fields)
- Provider name, address, and provider number (as assigned by the NLPDP for billing purposes)
- Name and signature of Pharmacist performing the medication review
- Additional counselling provided
- Complete medication list for Beneficiary's reference post review
- Pharmacist assessment, recommendations, and comments

## **Claims Submission Information**

As of September 10, 2012, the NLPDP will allow payment of up to 48 claims per Provider for Medication Review in a given year (a year is defined as April 1 – March 31).

Claims for Medication Review are to be made using the new Medication Review PIN – 999880. The Medication Review Fee is to be submitted using the Special Services Fee field and all other cost fields should remain blank. The maximum amount that may be claimed for Medication Review is \$52.50 per claim – claims in excess of that amount will be reduced to \$52.50 with message DV (Reduced to Special Services Fee Maximum).

Consistent with claims for other services (e.g. Medication Management), claims for Medication Review must be submitted with the following Prescriber information:

- Prescriber Reference ID =16
- Prescriber = the pharmacist's NLPB License Number (e.g., 12345 – minus the dash between the second and third digits)

Please note that the Paid Special Services Fee amount returned on your claim will reflect both the Medication Review Fee and the Transition Fee. For example, a Medication Review claim under the Foundation Plan would return a maximum Special Services Fee of \$52.92 (\$52.50 Medication Review Fee + \$0.42 Transition Fee). The Medication Review Fee will be fully paid by NLPDP, with no co-pay to the client.

If a pharmacy has already had 48 paid (non-reversed) claims for Medication Review in a year any subsequent claims will be rejected with message 72 (Special Services Fee Error).