

HELPING PEOPLE WITH OPIOID ADDICTION: A HARM REDUCTION APPROACH

Presenter: Kelda Newport

Learning Objectives:

1. To understand the principle of harm reduction
2. To recognize different strategies of harm reduction
3. To understand the role of opioid agonist maintenance treatment (OAMT) as a harm reduction strategy
4. To understand patient assessment, dosing, and administration considerations for buprenorphine/naloxone
5. To understand the benefits and limitations of OAMT
6. To recognize individual measure of success for OAMT
7. To understand the role pharmacists can play in OAMT
8. To be familiar with the Provincial Naloxone Strategy
9. To be able to apply the NLPB Guidelines for The Sale of Naloxone Injection in Community Pharmacies
10. To be familiar with different harm reduction programs and resources in our province

Biography

Kelda Newport is a registered pharmacist who graduated from Memorial University in 2010 with her Bachelor of Science in Pharmacy and her Bachelor of Science in Biochemistry (Nutrition). Over the past 7 years she has gained research, retail, and clinical pharmacy experience and has spent the majority of her career working with an interdisciplinary team to help people struggling with mental health and addictions. Her area of focus is opioid dependence treatment. She obtained her Opioid Dependence Treatment Certificate from the Center for Addiction and Mental Health and has completed the courses Optimizing Opioid Dependence Treatment and Safe Opioid Prescribing for Chronic Non-Cancer Pain. Kelda is committed to advancing the role of pharmacists in opioid dependence treatment. She earned the James C. Quick award from PANL in 2013 for her passion, innovation, advocacy, and leadership in this area.

Kelda is a member of the Atlantic Mentorship Network - Pain & Addiction, a member of PANL's Public and Professional Relations Committee, and past chair of the Newfoundland and Labrador Pharmacy Board's Practice Advisory Committee for Methadone Pharmacy Services.

Please contact Tammy Brenton at tbrenton@panl.net or 709.753.7881 to register.